

We follow the NHS  
five steps to wellbeing

Connect with others ✓

Be active ✓

Learn new skills ✓

Give to others ✓

Live in the moment ✓



We are a registered not for profit charity  
established in 1996. Our aim is to provide the  
highest standards of care for all our service users

## Contact us



Chesterfield Care Group  
Chesterfield Community Centre  
Tontine Road  
Chesterfield  
S40 1QU



Tel: (01246) 274812



[enquiries@chesterfieldcaregroup.org.uk](mailto:enquiries@chesterfieldcaregroup.org.uk)



[chesterfieldcaregroup.org.uk](http://chesterfieldcaregroup.org.uk)



## Find us on social media!



@chesterfield  
caregroup



chesterfieldcg



chesterfieldcare

Registered Charity Number: 1055028  
Company Number: 3137489



**CHESTERFIELD  
CAREGROUP**



Company, Activities,  
Respite, & Enjoyment.

**FREE**  
Taster Sessions

## Location of services

We have various groups running from Monday to Friday operating in and around the Chesterfield area.



## How do you access the service and is there a charge?

As a charity, we are a non-profit organisation and try to keep costs to a minimum. You can self refer and fund your day care place by contacting us directly on (01246) 274812. If you meet the criteria for funding, you could use this to purchase day care via a personal budget or direct payments from Derbyshire County Council.

## Is transport provided?

Transport is available and will be discussed when you contact Chesterfield Care Group or an adult care worker from Derbyshire County Council.

## Services provided

- Socialise in a positive and uplifting environment.
- Gentle physical exercises for fun, enjoyment, and well-being.
- Age appropriate activities to support with a variety of needs and abilities. These include art & crafts, reminiscence therapy, baking groups, singing sessions, and walking & outdoor activities.
- Qualified staff to support you with all your social & personal care needs.
- A two course hot meal is available, plus refreshments throughout the day.
- All our groups offer person centred activities specifically focused on your needs.
- Service user and carer involvement through meetings, newsletters, and regular discussion.
- Drop-in service.
- Respite and support for carers and families.



We support older adults to live well by participating in activities which promote health and well-being.

